



Coming Together to End Abuse

Community Outreach and Education

SARC is the catalyst within our community for the prevention of violence. Our goal is to educate individuals about violence before it starts. From general services to healthy relationships, SARC is here to educate your group about the services we offer so that together we can create a society free from abuse and fear. Please email SARC today at outreach@sarc-maryland.org or call 410-836-8431 to request a free presentation.

Please visit www.sarc-maryland.org to learn about the different ways to support SARC's mission of coming together to end abuse.

SARC is a 501(c)(3) nonprofit organization -- donations to which are tax deductible to the fullest extent allowed by law.

For more information, please call: 410-836-8431
www.sarc-maryland.org



SARC is Harford County's lifeline to victims, potential victims, and survivors of domestic violence, sexual violence, child abuse, and stalking. All of SARC's services are offered free of charge*. SARC provides services in a confidential environment of trust, respect, and mutual accountability without regard to race, creed, gender, marital status, sexual orientation, or economic circumstances. Please call SARC's 24 Hour Helpline to find out more information about all of SARC's services: 410-836-8430.

**SARC offers an Abuser Intervention Program at a secure location for an additional fee, call 410-836-8431 for more information*

Sexual Assault Spouse Abuse Resource Center

SARC

P.O. Box 1207
 Bel Air, MD 21014
www.sarc-maryland.org

Phone: 410-836-8431
 24 Hour Helpline: 410-836-8430
 Chat Feature Available: Visit
www.sarc-maryland.org for dates and times.

Workplace Giving Numbers

Combined Federal Campaign 22909
 United Way 500
 Maryland Charity Campaign 521224705

 SARCharfordcounty



We are a lifeline for victims and survivors of domestic violence, sexual violence, and stalking by providing safe haven, advocacy, resources, and hope in Harford County.





SARC Services

You deserve a safe and happy life free from abuse and fear. If you are feeling confused, uncertain, or frightened, SARC's caring staff is here to help. By dialing the 24 Hour Helpline at 410-836-8430 you can access answers to a variety of questions about your options, safety, how to access SARC's free services which include counseling, legal representation and advocacy, and a 28-bed Safehouse. Friends and family concerned about how to support a loved one are also welcome to call.

Crisis Intervention

SARC's Crisis Staff can provide emotional support and immediate options by appointment or by walking in during regular business hours. In addition they can help with:

Safety Planning: A safety plan is a personalized, practical plan that can help you avoid dangerous situations and know the best way to react when you are in danger.

Hospital Companion: Provide quality onsite crisis intervention for victims at Upper Chesapeake and Harford Memorial.



Safehouse

SARC has a 28-bed shelter in a communal living environment for survivors of abuse and their children. Female and male victims are housed in separate confidential locations.

SARC's Safehouse Provides on-site support 24 hours a day, 7 days a week, 365 days a year at a confidential location.

The Safehouse is a home-like environment with a shared kitchen to prepare your own meals, common areas, and bathrooms.

The Safehouse also provides:

- Laundry facilities as well as a supply of linens (sheets, towels, and blankets)
- Case Management meetings to discuss goals and resources to help achieve continued safety and independence
- Weekly Group Sessions to provide education/information on a variety of topics, including nutrition, safety planning, skill building, and education about domestic violence, sexual violence, and stalking.
- Emergency food, clothing and toiletries
- SARC facilities cannot accommodate pets, but SARC partners with the SafeHaven Pets Program to ensure your pet has a safe place to go.

Counseling Services

Survivors of violence are in the process of healing from trauma, but the effects of trauma are different for each person. Acknowledging that you or your children may need help processing these emotions is a key step in the healing process.

SARC offers individual and group counseling for women, men, and children. Weekday and Weeknight appointments are available.

SARC Legal Services

SARC provides free legal assistance to victims of domestic violence, sexual assault, dating violence, and stalking in a variety of civil legal matters.

- **Free Legal Representation** in protective order, peace order, divorce, custody, child support, and immigration matters.
- **Legal Advocacy** for civil, criminal, and immigration cases including court accompaniment.
- **Safety Planning**, individualized and tailored to the specific needs of the client.
- **Information and Referrals** in civil and criminal matters as well as non-legal referrals.

