SARC is a non-profit in Harford County providing hope and resources to victims of domestic violence, sexual violence, child abuse, and stalking. The agency is recognizing a major milestone this year, it’s 35th anniversary of serving the community.

In 1978 when a woman was sexually assaulted in Harford County, community members quickly realized that there were no local resources available to assist her. Awareness campaigns by People Against Rape, Maryland State Police, Harford County Commission for Women, and League of Women Voters sought to address this issue. The agency that would later become the Sexual Assault/Spouse Abuse Resource Center, Inc. (SARC) opened its doors on July 10, 1978. Although the original focus was serving victims of sexual violence in the community, volunteers answering the Center’s 24-hour Helpline quickly learned that many victims of sexual violence where also domestic violence victims. In order to best serve the community, one month after opening services expanded to include victims of domestic violence.

Joan Hodous, Hazel Hopkins, Judith Walkley, Marlene Lieb, JoAnn Macdonald, Kathy Casey and Kelsey Luchey have come together to revisit SARC’s past and uncover the helping hands that have brought SARC to where it is today. Joan Hodous was one of those key community members in the grassroots beginnings of SARC, setting up the first helpline in her kitchen back in 1978. Eventually, the headquarters moved to the Community Service Building in Aberdeen, funded by a meager federal and state grant. The organizers of SARC trained community volunteers to provide guidance to victims, helping 240 battered women, 29 sexual assault victims and fielding hundreds of calls in their first year. From answering the helpline in Joan’s kitchen to now receiving over 1,800 calls per year, much has changed over the years but the caring hearts of the community remain the same.

SARC incorporated in 1981. By 1996, services included clinical counseling, legal support, a 28-bed Safehouse and community outreach. Crisis intervention services were added in 2004. A few of the many grants that made this possible include the U.S. Department of Human Resources, Victims of Crime Act, Governor’s Office of Crime Control and Prevention, Maryland Victims of Crime Fund, Maryland Legal Services Corporation, Harford County Government, U.S. Department of Justice Violence Against Women Office, and United Way of Central Maryland, and you, the individuals who donated so much of your time, talent and treasure.

SARC still relies on volunteers to help support the community. Volunteers help the staff by answering helpline calls in their homes and going on companion visits to the hospital when victims are admitted.

Continued on page 3....
Wheels for Work

Harford County’s Wheels for Work Program and Vehicles for Change have partnered to raise funds and donate cars to homeless families served by SARC, Anna’s House, Harford Family House, and The Homecoming Project. Wheels for Work helps provide low-wage families in Harford County with employment transportation by donating a car to them. You can help by spreading the word, making a cash donation, or donating a car. When donating a car, you can receive a tax deduction equal to the Fair Market Value, even if the vehicle is sold to a low-income family far below market value.** For more information visit www.vehiclesforchange.org or call (410) 242-9674.

**Seek professional tax advice for your situation.

Back to School

In less than a month, Harford County schools will be ready to start a new year. Help SARC clients get their families equipped to learn by donating a book bag filled with school supplies. Please contact Beth League by calling 410-836-8431 or send an email to bleague@sarc-maryland.org for more information.

SARC’s Walk a Mile In Her Shoes® Heroes

Thank you to all who participated in SARC’s 5th Annual Walk-a-Mile in Her Shoes® event this past spring! SARC raised $40,000 this year thanks to all of the walkers, donors, and sponsors! This money allows SARC to continue providing services, free of charge, to clients who are on their journey from victim to survivor. A big CONGRATULATIONS to Steve Linkous, our top fundraiser. He raised over $12,000.

Congratulations to Team Strut for winning the Best Team Award!

Thank you to everyone who participated!

Alpha Kappa Alpha Sorority Inc. Xi Delta Omega Chapter
Harford Community College Health Department Healers
Jesse Bane

Lou Ann Bane
Billy Boniface
Country Hearts
David Craig
Darin D’Onofrio
Wayne Dougherty
Fairview Walkers

Walk the Rite Way
Russell Baker

Fierce on Main
Barry Glassman
Hart to Heart Heroes
Justin Hayes
Rick Howe
Christina Krause
Greg LaCour

A SPECIAL SHOUT OUT TO Team Afghanistan (participated virtually from their deployment!!)

Thank you to our sponsors

Harford Mutual, Aaron’s, Bel Air Downtown Alliance, Harford Style Magazine, Jen Snyder Family Photographer, MaGerK’s Pub and a special thanks to the Town of Bel Air, Lydia Haskells, The Fitness Rave, C. Milton Wright Dance Team, Tri-State Trophies, Bel Air Police Department and Chris Monaghin.

Steve Linkous (L) receives Top Fundraiser award from event chair and Board Member Tamera Rush
Congratulations to SARC’s Director of Legal Services, Gwendolyn Tate, on being inducted as a Maryland Bar Foundation Bar Fellow. Membership in the fellows is a recognition of “outstanding dedication and contribution to maintaining the honor and integrity of the legal profession, the improvement and facilitation of the administration of justice, the work of the organized Bar of Maryland and civic leadership.” Membership as a Fellow is limited to not more than 2.5% of the Maryland State Bar Association Membership.

Amanda Darda, Emily Sanders, and Stephanie Powers, SARC counselors, are newly licensed and will concentrate on Trauma Focused Cognitive Behavioral Therapy. This style of treatment is one of the many ‘best practices’ SARC employs when working with clients. Trauma Focused Cognitive Behavioral Therapy, or TF-CBT, is a therapeutic treatment model designed to help children and adolescents recover from trauma, and it is one of the few treatment approaches for children that has consistently been proven effective in a number of clinical studies. Not only have studies shown that TF-CBT creates lasting healing, but evidence also suggests that recovery happens must faster when compared to other types of treatment.

Significant healing can happen in as few as 12 sessions (3 months) of weekly hour and a half appointments.

The model involves individual sessions for both the child and a caregiver, as well as joint parent-child sessions. During treatment, a number of important components are incorporated, some of which include: providing education about trauma and its symptoms; teaching a variety of coping skills; parent skills training; creating a narrative of the abuse that was survived; and facilitating a healthier parent-child relationship. One of the unique aspects of TF-CBT, and perhaps one of the factors that allows it to be so successful, is that although the model includes specific components and phases, it is also incredibly flexible and can be tailored to fit the needs of each family. It allows the therapist to be creative and focus the strengths of each child, and can include the use of writing, art, music, or play during session time.

If you or someone you know could use SARC’s services, please call SARC’s 24-hour Helpline (410) 836-8430.

SARC’s 35th Anniversary
Continued from front page…..

Volunteers and community members also help SARC staff in preparing for and running fundraising events throughout the year. These are just a few crucial ways the many volunteers have made SARC work throughout the years.

SARC also offers robust support services by highly trained legal, counseling, and safehouse staff. SARC continues to be committed to providing quality services and has been a leader in the implementation of best practices like Trauma Informed Care. The agency has a long history of being a life line for tens of thousands of victims struggling to survive the trauma created by violence in our community. SARC’s mission has guided it through the past 35 years; “we work to end domestic violence, sexual violence, and stalking, to aid its victims and to create a society free from abuse and fear.”

The 35th Anniversary Committee has been working over the past few months to uncover milestones from SARC’s history and develop a memory book to highlight the contribution SARC has had to the community.

On September 21, 2013 at SARC’s 4th Annual Rising Above It Hot Air Balloon Family Fun Day, there will be a gathering of community members young and old to take a look at this memory book, reconnect with the past, and work towards strengthening SARC’s future. SARC invites everyone who has been part of SARC’s past to join us on September 21 at Harford Equestrian Center for this event. The event runs from 11am to 6pm and tickets are $5, children under 5 are free. Visit www.sarc-maryland.org for more information or like us on Facebook, www.facebook.com/SARCharfordcounty.

Join SARC for Macy’s Shop for a Cause event on Saturday, August 24. Purchase a $5 all day shopping pass for 25% off on regular, sale & clearance items. Order certificates online at: www.sarc-maryland.org
All coupon sales benefit SARC!
Thank you to our 2013 individual donors from January to mid-July!

SARC’s 4th Annual Rising Above It Hot Air Balloon Festival Weekend

Balloon Glow Gala
is an evening of hot air balloons glowing in the
evening dusk, dining, auctions, a raffle, and dancing
with music provided by The Klassix.
Friday, September 20, 2013
7:00 PM to 11:00 PM
Bulle Rock’s Silk’s Restaurant
Sponsored by Harford Mutual
(Please use Route 40 entrance to reach the Restaurant.)

Family Fun Day
will include hot air balloon displays,
Clydesdale horse rides, goats, food, music,
concessions, face painting, performances, the
Orioles Bird, and, new this year—a Mommy Market!
Saturday, September 21, 2013
11:00 AM to 6:00 PM
Harford County Equestrian Center
(Please leave your pets at home.)

Tickets available at SARC’s website: www.sarc-maryland.org

SARC’s Annual Sponsors:

SARC’s 4th Annual Rising Above It Hot Air Balloon Festival Weekend Sponsors

Balloon Glow Gala Sponsor:
Harford Mutual

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Innovative Insurance Solutions
MediaWise, Inc.
Wegman’s

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Flowers by Lucy
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Kathy Casey Non-Profit Consulting
Macy’s
Schneider Electric
“What’s Your Story?”

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Lynch Construction
Mid Atlantic Title
Morgan Stanley
PNG

Others:
Legalsuits.com
NBRR
Northeastern Supply
Frito Lay
C&C Golf Carts
REICO

Gala Entertainment Sponsor:
Laurel Bush Family Dentistry

Family Fun Day Activities Sponsor:
L Property Management

35th Anniversary Emerald Ring Raffle:
Saxon’s Jewelry Centers

T-Shirt Sponsor:
County Movers

Propane Sponsor:
Southern States

Family Fun Day Food Vendors:
Walls on the Loose
Food By Fire
Fountain Green Concessions
Jrs Pit Beef
Kona Ice of Bel Air
McShane’s

WLO Mobile Food Truck
Family Fun Day Exhibitors:
An Etch Above
Anita C. Leight Estuary Center
The Arc Northern Chesapeake Region
CruiseOne
Girleeuritz
Harford Christian School
Harford Community College
Harford County Public Library
Harford Family House
Harford Day School
Humane Society of Harford County
Marcia Flores Jewelry
Mary Kay Cosmetics
Sweat As You Confections
Tupperware
Upper Chesapeake Health Link

Family Fun Day Entertainment:
Chung’s Martial Arts
Extreme Family Entertainment Co.
Hoppin’ Hawks
Kinetic Youth Academy
Nothin’ Up My Sleeve
The Orioles Bird
Stone House Jam Academy
Uncle Pete
Zumba with Carmen

Serving victims of domestic violence, sexual violence, child abuse and stalking in Harford County for 35 years.

Be sure to stop by the SARC tent during Family Fun Day to share in the memories of SARC’s history.
SARC provides presentations to groups on the following topics:

- Legal Services (presentations available in English and Spanish)
- General Services
- Healthy Relationships
- Domestic Violence
- Sexual Violence
- Volunteering

And many more!
Contact us today for more information:
Phone: 410-836-8431
Email: info@sarc-maryland.org

SARC would like to thank The Mallet Crab House and Sports Bar for hosting the very first Glam Ladies Night Out! The event, which took place on June 6th, raised funds for SARC programs.

A special thank you to our vendors: An Etch Above, Beatu Control Skincare Spa, CruiseOne, IT Works, Juice Plus, Mary Kay, Miche, MITRE, Morgan Stanley/Smith Barney, Nerium International, Origami Owl, Pampered Chef, Party Lite, Pathways to Whole Living, Scentsy, Silpada, Stampin Up, Sweet Minerals, Swirl Jewelry, Stellar Health, Theresa Liberto Tupperware, Thirty One

Thank you to our corporate donors!
(January to Mid-July 2013)