

SARC



Sexual Assault/Spouse Abuse
Resource Center, Inc.

SARC offers a number of
community outreach
presentations and trainings.

We are able to cater
presentations to your
needs, including altering for
length, focus or audience.

A variety of presentations
are possible, especially
after discussing your needs
and expectations.

Presentations are available
to your organization
free of charge.

Please contact the
Outreach Staff at
410-836-8431 to schedule
your presentation.

We help stop the pattern of
violence by providing:

- 24-Hour Helpline
- Crisis Intervention
- Safehouse Services
- Clinical Services
- Hospital Accompaniment
- Legal Advocacy & Representation
- Community Outreach & Education
- Volunteer Services

YOU ARE NOT ALONE.



SARC

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Bel Air, MD 21014
Phone: 410-836-8431
Fax: 410-838-9484
www.sarc-maryland.org

HELPLINE: 410-836-8430

SARC

**Community
Education and
Outreach
Presentations**

We work to end
domestic and sexual
violence, to aid its
victims, and to create a
society free from abuse
and fear.

**24-Hour Helpline:
410-836-8430**

SARC Community Education and Outreach Presentations

Class Presentations:

Presentations are appropriately geared to audience and class/course focus, e.g. college health classes, high school Marriage & Family Living classes, adjudicated youth sessions, both public and private schools, and home-schooled students. Topics covered range from Healthy Relationships to identification of domestic violence and sexual assault.

Community Presentations:

Informational presentations are geared to audience interest for church groups, women's and men's groups, study groups, civic and service organizations, health fairs, Girl and Boy Scout troops, other youth groups.

Training of Professionals:

Training may be offered for a wide variety of professions, including information as it may relate to the work of a specific agency or organization, e.g., law enforcement, educators, principals, clergy, counselors.

Dynamics of Domestic Violence:

Covers the definition of domestic violence, elements of power and control, and the cycle of violence. Information also includes the initial signs of abusive behaviors (as a means of prevention), and safety planning (as a means of protection), as well as information on what a healthy relationship is.

Dynamics of Sexual Assault:

Covers Rape Trauma Syndrome, behaviors of victims, aspects of control in these types of assaults, safety measures, and how we respond to Sexual Assault victim callers on the 24-Hour Helpline. Also covers prevention of sexual assaults, myths, and how to stop the violence.

Signs and Indicators of Abuse:

"Red flags" to abusers and victims, less readily-identifiable evidence of abusive relationships, debunking the myths.

Volunteer Opportunities:

Information on SARC services, volunteer opportunities available, how to volunteer, how to become involved in our Holiday Projects, and ways to help throughout the year.

Medical Professionals Training:

Includes information on elements of power and control as witnessed by health care providers, symptoms and patterns of injury for domestic violence victims, and simple screening tools for domestic and sexual violence.

30-Hour Basic Crisis Response Training:

Training includes information on the dynamics of domestic and sexual violence as well as methods for crisis response and intervention. Provided for all new SARC staff and volunteers.

8-Hour Companion Training:

This training is required in addition to the 30-Hour training for those volunteers who want to provide hospital companionship to victims.

Helper Training:

For those who want to help at community events, etc., SARC offers a 2.5 hour orientation. This position does not involve client contact.

All presentations include information on SARC's services and the role of a service provider in treating victims in our community. We provide brochures and other information on how to seek services and/or volunteer.